

Learning with Movement

(adapted from <https://funlearningforkids.com>)

- Rainbow Hop Letter: <https://funlearningforkids.com/rainbow-hop-letter-sounds-game/>
 - Roll the dice and hop forward that many spaces. Have child verbalize which letter they have landed on
 - More than 1 child can participate at a time
 - Can make the task more difficult by having the child say the letter sound or say a word that starts with that letter



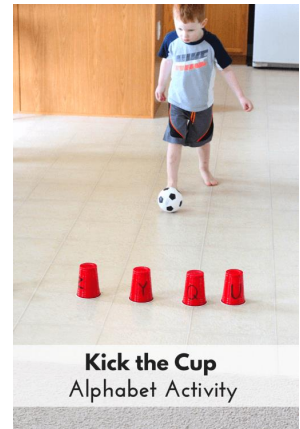
- Alphabet Relay: <https://funlearningforkids.com/alphabet-relay/>
 - Two buckets; 1 filled with letters (foam, magnetic etc.) and 1 empty. Place the empty bucket across the room.
 - Adult calls out a letter or visually shows the child a random letter. The child then has to run to the bucket full of letters and find the requested letter. He/she then has to run that letter back and place it in the empty bucket.
 - Can make the task more difficult by having the child say the letter sound or say a word that starts with that letter



- Alphabet Stomp: <https://funlearningforkids.com/alphabet-activity-tape-letter-stomp/>
 - Tape letters on the floor or carpet
 - Can have the child jump from letter to letter as an adult calls out a letter taped to the floor. Or, if your child required more movement; have them start farther away and when a letter is called they can run and jump on that letter.
 - Child can also trace/walk through the formation of the individual letters



- Target practice for identifying upper and lower case:
<http://www.toddlerapproved.com/2010/10/fun-with-uppercasing-lowercase-b.html>
 - Draw upper and lower case letters in different colours
 - Call out a letter and colour combination and have the child throw the bean bag or ball to the corresponding plate
- Kick the cup: <https://funlearningforkids.com/ball-theme-alphabet-activity-kick-the-cup/>
 - Can write upper case on one side and lower case on the other side
 - Line cups up and can call out a letter. Have the child aim and kick/roll the ball towards that cup
 - Or can have child randomly kick towards the cups and then identify the letter and letter sound of the cup they knocked down.
 - Can leave the cups down until all the cups are down
- Puddle jumping: <https://funlearningforkids.com/puddle-jumping-alphabet-activity/>
 - Similar to musical chairs; have the child jump from letter to letter as the music plays
 - When the music stops; the child stops jumping and has to identify the letter that they have stopped on
 - Can increase difficulty by asking them to make the letter sound of the letter or identify words that start with that letter



Other ideas/considerations:

- Search for letters in the hallway; either one's naturally found on posters and bulletin boards or ones you may have pre-placed in hallways. At home; can do letter searches in the newspaper; on food items in the pantry, on covers of children books etc.
- Place letters on the wall and have child jump and touch the letter called out. Have them bend down low to the ground prior to jumping if needing lots input in their muscles/joints.
- Can use above strategies with numbers, sight words etc.; be creative
- Can incorporate other movements such as jumping, walking, leaping, rolling, animal walks etc.
- If a child has poor letter recognition overall; consider only working on a few letters at a time